

**NANCY IREY HOLMES, PSY D**  
**Licensed Psychologist**  
Portland: (503) 701-4681 Fax: (503) 841-5816  
[www.nancyholmespsyd.com](http://www.nancyholmespsyd.com)

**FEE AGREEMENT AND INSURANCE INFORMATION**

**Fees:** The standard service charge is \$250 for an initial consultation, \$175 per 55 minute office appointment and \$250 per 90 minute office appointment. Longer sessions are prorated at the same hourly fee.

**Please *check one of the following*:**

\_\_\_\_\_ **1) SELF-PAY:** I agree to pay in full at the time of service.\*

\*Exception: If we have agreed on this, the fee for treatment will be \$\_\_\_\_\_ per session. I agree to pay at a minimum rate of \$\_\_\_\_\_ per week/month until the balance is paid in full.

\_\_\_\_\_ **2) INSURANCE:** The following information must be completed and verified. It is important for me to estimate what your insurance, if any, will cover and for what length of time. This may affect our treatment goals and the frequency of treatment which must be appropriate to your needs.

Name of Client: \_\_\_\_\_ Client's Date of Birth: \_\_\_\_\_

Name of Person Insured: \_\_\_\_\_ Insured's Date of Birth: \_\_\_\_\_

Client's Relationship to Insured: \_\_\_\_\_

Insured's Mailing Address: \_\_\_\_\_  
Address City, State & Zip

Insured's Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Insured's Employer: \_\_\_\_\_ Effective Date of Coverage: \_\_\_\_\_

Primary Insurance Co.: \_\_\_\_\_ Phone: \_\_\_\_\_

Is there another insurance company who manages your mental health claims? Yes  No

If so, please provide name & phone number: \_\_\_\_\_

Address to Send Mental Health Claims: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Subscriber #: \_\_\_\_\_ Group #: \_\_\_\_\_

Policy # (if any): \_\_\_\_\_ Visits/calendar year or other time frame: \_\_\_\_\_

Number of Mental Health Visits in this Time Frame: \_\_\_\_\_ Annual Deductible: \$ \_\_\_\_\_

Deductible Remaining: Yes  No  Co-Pay required per visit? Yes  No  Co-Pay Amt. \$ \_\_\_\_\_

Is my fee within your insurance company's range?\* Yes  No  Specify amount covered: \$ \_\_\_\_\_

\* Sometimes my fee exceeds the insurance company's allowance and in most cases you will need to make up the difference.

If necessary, have you received pre-authorization? Yes  No  Pre-Authorization #: \_\_\_\_\_

Total Outpatient Mental Health Benefit: \$ \_\_\_\_\_ Specify Details: \_\_\_\_\_

\_\_\_\_\_

Do you expect your health benefits for change in the near future? Yes  No  If so, please explain:

\_\_\_\_\_

\_\_\_\_\_

In many cases, after the initial consultation I will bill directly to your primary insurance company for the portion of the bill they will cover. However, it is your responsibility to bill any secondary insurance you may have. Because of the delay in reimbursement, in most circumstances I request that you pay directly for costs not covered by your primary insurance.

Secondary Insurance Co.: \_\_\_\_\_ Phone: \_\_\_\_\_

Insured's Name: \_\_\_\_\_ Subscriber/Policy #: \_\_\_\_\_

Group #: \_\_\_\_\_ Address: \_\_\_\_\_

**I have read, understand and agree to the terms of this form. By signing this form I authorize the use of the signature(s) below on all insurance submissions and also authorize the payment of medical benefits to Nancy Irey Holmes.**

\_\_\_\_\_  
**Client Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Client Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Parent or Guardian Signature if Minor Child**

\_\_\_\_\_  
**Date**